

1 HB108
2 128484-4
3 By Representative Johnson (R)
4 RFD: Health
5 First Read: 01-MAR-11

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2 ENROLLED, An Act,

3 To provide for the adoption of policies for the
4 management of concussion and head injury in youth sports, and
5 mandate athletic head injury safety training.

6 BE IT ENACTED BY THE LEGISLATURE OF ALABAMA:

7 Section 1. (a) The Legislature finds the following:

8 (1) Concussions are one of the most commonly
9 reported injuries in children and adolescents who participate
10 in sports and recreational activities. The Centers for Disease
11 Control and Prevention estimates that as many as 3,900,000
12 sports-related and recreation-related concussions occur in the
13 United States each year. A concussion is caused by a blow or
14 motion to the head or body that causes the brain to move
15 rapidly inside the skull. The risk of catastrophic injuries or
16 death is significant when a concussion or head injury is not
17 properly evaluated and managed.

18 (2) Concussions are a type of brain injury that can
19 range from mild to severe and can disrupt the way the brain
20 normally works. Concussions can occur in any organized or
21 unorganized sport or recreational activity and can result from
22 a fall or from participants colliding with each other, the
23 ground, or with obstacles. Concussions occur with or without
24 loss of consciousness, but the vast majority occurs without
25 loss of consciousness.

1 (3) Continuing to play with a concussion or symptoms
2 of head injury leaves the young athlete especially vulnerable
3 to greater injury and even death.

4 (b) The Legislature recognizes that there exists
5 within the State of Alabama the need for guidelines and other
6 pertinent information to inform and educate health care
7 providers, school systems, coaches, youth athletes, and their
8 parents or guardians of the nature and risk of concussion and
9 brain injury, including continuing to play after a suspected
10 concussion or brain injury.

11 Section 2. (a) The governing body of each sport or
12 recreational organization shall develop guidelines and other
13 pertinent information and forms to inform and educate youth
14 athletes and their parents or guardians in their program of
15 the nature and risk of concussion and brain injury, including
16 continuing to play after a suspected concussion or brain
17 injury. On a yearly basis, a concussion and head injury
18 information sheet shall be signed and returned by the youth
19 athlete and the athlete's parent or guardian prior to the
20 youth athlete's initiating practice or competition.

21 (b) Each sports or recreational organization
22 governing body shall ensure that coaches receive annual
23 training to learn how to recognize the symptoms of a
24 concussion and how to seek proper medical treatment for a
25 person suspected of having a concussion.

1 (c) Each sports or recreational organization shall
2 establish by rule the requirements of the training which shall
3 be provided by using designated resources to the extent
4 practicable and timelines to ensure that, to the extent
5 practicable, every coach receives the training before the
6 beginning of practice for the school athletic team.

7 (d) A youth athlete who is suspected of sustaining a
8 concussion or brain injury in practice or game shall be
9 immediately removed from participation and may not return to
10 play until the athlete is evaluated by a licensed physician
11 and receives written clearance to return to play from a
12 licensed physician.

13 Section 3. This act shall become effective
14 immediately following its passage and approval by the
15 Governor, or its otherwise becoming law.

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Speaker of the House of Representatives

President and Presiding Officer of the Senate

House of Representatives

I hereby certify that the within Act originated in
and was passed by the House 21-APR-11, as amended.

Greg Pappas
Clerk

Senate

02-JUN-11

Passed